

TEEN RESOURCES

POSITIVE
CHOICES.
POSITIVE
LIFE.™

@IChooseMeFL



1



National Eating Disorders Association
1.800.931.2237 or text NEDA to 741741
nationaleatingdisorders.org

2



**National Institute on Drug Abuse for
Teens**
teens.drugabuse.gov

3



★ **Substance Abuse and Mental Health
(SAMH) Program**
1-800-662-HELP (4357)
findtreatment.samhsa.gov

4



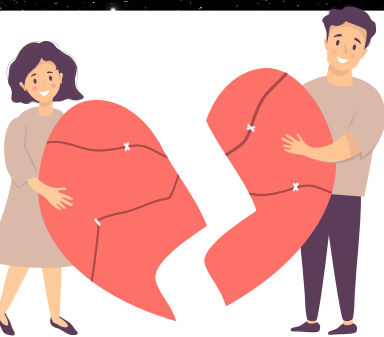
National Suicide Prevention Lifeline
Dial 988
suicidepreventionlifeline.org

5



**To Write Love On Her Arms: Help with
depression, addiction, self injury, and
suicide**
twloha.com/self-care

6



**Love is Respect - prevent and
end abusive relationships**
1.866.331.9474 or text LOVEIS
to 22522

7



Tobacco Free Florida Quit Line
1.877.U.CAN.NOW
tobaccofreeflorida.com

8



Live Vape FREE
text VAPEFREE to 873373.
[TobaccoFreeFlorida.com/LiveVapeFree.](http://TobaccoFreeFlorida.com/LiveVapeFree)

For more resources please visit
brevardprevention.org/resources

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